

Fundraise Your  
Way



# BECOME A HOSPICE HERO



[www.salisburyhospicecharity.org.uk](http://www.salisburyhospicecharity.org.uk)

Registered Charity Number: 1123314

# About Salisbury Hospice

Salisbury Hospice believes that if you have a terminal or progressive illness, you should receive the highest level of care and support – giving you dignity and choice.

Salisbury Hospice provides specialist end of life care in the hospice, in the community and in patient's own homes. All care is centred around the needs of the individual and their family.

Through the generosity and support of local people, Salisbury Hospice is able to provide nursing and medical care, emotional and practical support, welfare advice, physiotherapy, complementary therapies and creative activities. These services are provided free to patients and their families.

## Salisbury Hospice Charity

Salisbury Hospice Charity funds the vital services that Salisbury Hospice provides.

Although the hospice receives some NHS funding, they rely heavily on fundraising and donations to cover the annual running costs.

Salisbury Hospice Charity needs to raise £1.5 million each year of the £2.9 million annual running costs of the hospice. This would not be possible without the generous support we receive from our local community.



# Our Services

## Inpatient Unit

The inpatient unit has 10 beds for patients with complex specialist needs. Patients are admitted from both the community and the main hospital or are referred by their GP. Specialist teams of consultants, ward doctors, nurses and therapists provide symptom control and end of life care.

## Community Palliative Care Team

The community palliative care team covers a wide area, reaching south as far as Ringwood, north to Upavon, east to Bramshaw and west to Mere. The clinical nurse specialists are specifically trained in dealing with patients' complex needs in their own homes. They work closely with the patient's GP, hospital team, community nurses and other community services to ensure that optimum care is provided.

## Hospital Palliative Care Team

Salisbury Hospice is unique in having a Hospital Palliative Care Team which supports patients within the main hospital building of Salisbury District Hospital. The team provides an outreach service to adult wards in the hospital, and can be called upon by other medical professionals within the hospital for advice.

## Hospice at Home

Hospice at Home provides high quality end of life care for patients who wish to stay in their own home. The service also acts as 'crisis intervention'; preventing unnecessary admissions to Salisbury District Hospital, the hospice or an alternative care setting.



## **Peter Gillam Support Centre**

The centre provides social support for both inpatients and patients from within the community, as well as support for carers. The centre is a place where patients can relax and take part in a variety of therapeutic activities such as art, music and dance therapies, aromatherapy and reflexology.

## **Family Support Team**

The Family Support Team helps patients and their families living at home – providing psychological support to help with adjustment for those living with a life-limiting illness. Our Bereavement Service, led by the Family Support Team and assisted by a team of specially trained bereavement support volunteers, ensures relatives continue to be supported after the death of their loved one.

## **Therapy Team**

Our therapy team specialises in helping patients remain independent for as long as possible. The team includes an occupational therapist, physiotherapist, and two therapy assistants. They advise on exercise programmes, energy conservation and relaxation, as well as managing symptoms such as breathlessness, fatigue and pain. We also offer a wide range of complementary therapies.

## **Education**

The palliative care team provides training for other health professionals including GPs, district nurses and hospital medical and nursing staff who are dedicated to improving standards of general palliative care. Training and support for carers is also provided.



# Fundraising & Events

## Fundraising

Anything that raises money for charity is fundraising. This is vital to enable Salisbury Hospice to continue to offer the services that we do – all of which are free to patients and their families at the point of need.

## Events

Salisbury Hospice Charity organises and runs various fundraising events throughout the year, and these can be found on our website [www.salisburyhospicecharity.org.uk/events](http://www.salisburyhospicecharity.org.uk/events). These could be from London Marathon places, our Celebration Walk, the Salisbury Summer Fair (formerly Wessex Country Fair), to other challenge events including cycle rides, wing walking and trekking! All these fall under the umbrella of our own events and if these take your fancy, or to find out more and register your interest, please email [events@salisburyhospicecharity.org.uk](mailto:events@salisburyhospicecharity.org.uk).

## Fundraise your Way

If you are a secret (or not so secret!) organiser, and like the idea of arranging your own event – or would like to discuss some ideas you have for your own fundraising – we can help you! There are lots of ways we can offer support – by supplying you with bunting, buckets and information for your event, by giving a talk at a dinner, lunch or group meeting, or simply by sharing your poster on our social media channels and website, we'd love to hear from you.

The team are here to support you – as you support us.

Some events that are organised by you, for Salisbury Hospice Charity:

- Fabulous Family Fun Day (Salisbury)
- Hatch House Open Garden (Tisbury)
- Sale of Sales (Coombe Bissett)
- Pub Quiz (Durrington)



# Calendar of Events

## Some ideas from us!



### January

Over indulged at Christmas? Give up something in January and donate what you would have spent!



### February

Chase away the winter blues with a Comedy Night or local talent show



### March

Spring Clean your wardrobe and list your unwanted goods for sale with the proceeds to Salisbury Hospice Charity



### April

Horse Racing season has started – hold your own Race Night in a pub or at home



### May

What about getting your neighbours together for a street decorating competition for late May Bank Holiday? We can supply a QR code for you all to display in your windows!



### June

Do you have a glorious garden? How about opening your garden for a donation – and even getting your friends and neighbours to join in? Afternoon tea too?!



### July

BBQ and Wimbledon final? Create your own Centre Court with your friends, and make a donation to the Hospice for every hour the match goes on!





## August

Come Dine With Me dinner party?



## September

Are you a member of a sports or social club? September is often when clubs choose their Charity of the Year. Could you suggest Salisbury Hospice Charity?



## October

Jumble Sales just before or after half term are always a huge success – perhaps get your company to match fund to raise even more money for the Hospice



## November

How about a Fizz and Fireworks Ball?



## December

Register for your Christmas tree collection at [www.charityxmastreecollection.com](http://www.charityxmastreecollection.com) – and raise money for the Hospice.

For all these events, ideas and more, please email [fundraising@salisburyhospicecharity.org.uk](mailto:fundraising@salisburyhospicecharity.org.uk).

We can help a little or a lot – depending on what you need!





# Tips for a Successful Event

## 1) Tell us About it

We can support you with advice, fundraising materials and help you promote your event. Email: [fundraising@salisburyhospicecharity.org.uk](mailto:fundraising@salisburyhospicecharity.org.uk)

## 1) Set a fundraising target

Set a target to keep you focused. The higher it is, the more families we can support!

## 2) Spread the word

Spread the word amongst your family and friends. Take to social media, share photos videos of your event or challenge. Don't forget to tag us, so we can share too.

## 3) Start raising money

If you are fundraising online we recommend you set up a Just Giving page. If you are fundraising offline, we can provide you with collection buckets, donation envelopes and sponsor forms.





# Volunteer for us

Volunteers play a huge part in making our fundraising events a success. If you would be interested in volunteering with us, please fill in and return the below form.

Title: Full Name:

Address:

Post Code:

Telephone:

Email:

Do you have any medical conditions we should be aware of?

I am happy to be contacted by Salisbury Hospice Charity with updates on events and volunteering opportunities, using the contact details above (Please tick).

**Please provide a reference we can contact:**

Full Name of reference:

Telephone:

Email:

Relationship:

Please return this form to:  
Salisbury Hospice Charity,  
Odstock Road, Salisbury,  
SP2 8BJ or email to,  
[fundraising@salisburyhospicecharity.org.uk](mailto:fundraising@salisburyhospicecharity.org.uk)



# Contact Us

## Get in touch!

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